



**PLMA 2022**  
**Canadian Exhibitor Directory**  
Refrigerated





- Food Service
- Retail
- Manufacturing
- Private Label
- HACCP
- SQF
- Current Exporter

## Expresco Foods Inc | Booth F1035

Fully-cooked skewers, strips, cubes, wings, breasts (multiple proteins)

[exprescofoods.com](http://exprescofoods.com) Montreal, Quebec

Since 1987, Expresco Foods has been committed to creating top artisanal quality, value-added convenience meat products and meal solutions. Expresco's innovative and entrepreneurial spirit has guided the development of standardized and customized ready-to-cook and grilled products to meet Foodservice, Retail & Deli needs across North America. As the leading manufacturer of meat-on-a-stick, Expresco's superior research & development and state-of-the-art facility, ensures the strictest health standards are enforced and upheld.

### Categories

Deli, Frozen, Grocery, Meat & Poultry, Refrigerated, Snack

### Attributes

Gluten-free, Halal

### Details

Free from dairy, Free from nuts, Currently exporting to the U.S.



- Food Service
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## O'Sole Mio | Booth F1300

Fresh egg pasta and pasta sauce, frozen meal entree

[solemio.ca](http://solemio.ca) Boisbriand, Quebec

O'Sole Mio remains a family company whose sole objective is to provide its customers with the freshest flavours of Italy. Our mission is to create ready-to-serve products that are 100 % fresh and made from the best ingredients. This is why chef Alfredo selects all of his finest ingredients himself and prepares his recipes without any additives or preservatives. In fact, Alfredo Napolitano has accomplished quite a feat since he's one of very few entrepreneurs to offer ready-to-serve products made from the finest ingredients.

### Categories

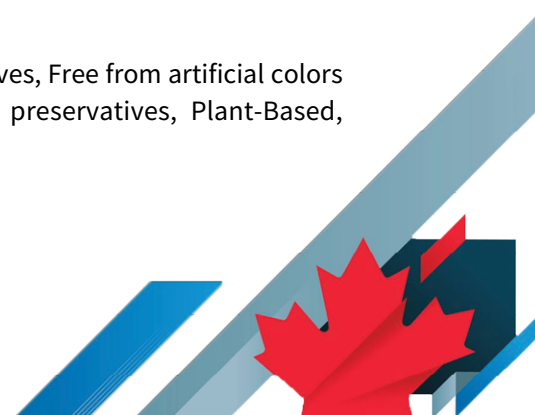
Deli, Frozen, Grocery, Refrigerated, Sauces & Spreads

### Attributes

Halal, Organic/Natural, Vegan

### Details

Free from dairy, Free from nuts, Free from additives, Free from artificial colors and flavors, Free from conservation agents / preservatives, Plant-Based, Currently exporting to the U.S.





- Retail
- Manufacturing
- Private Label
- HACCP
- Current Exporter

## Pacific Ridge Corp | Booth F6009

Plant-based beverages, grain, protein, technology

[pacifridgecorp.com](http://pacifridgecorp.com) Regina and Saskatoon, Saskatchewan

At PACRIDGE our mission is to create a fully sustainable future of vertically integrated, seed-to-shelf regenerative farming by empowering farmers and retailers with transparency and technology. With the recent addition of our True Crops app, dry fractioning and Sonic Milling, we're committed to a sustainable and healthy seed-to-shelf future.

### Categories

Alternative Protein, Bakery, Beverage, Grocery, Ingredients, Pet Treats & Chews, Refrigerated, Specialty

### Attributes

Clean Label, Gluten-free, Non-GMO

### Details

Fair Trade, Free from dairy, Free from nuts, Free from artificial colors and flavors, Free from conservation agents / preservatives, Plant-Based, Traceable to the field, Diverse Suppliers, Unique processing or packaging



- Retail
- Private Label

## Plant Ahead Vegan / Weins Foods Ltd | Booth F1652

Plant-based cheese

[www.plantaheadvegan.com](http://www.plantaheadvegan.com)

Weins Foods is a leading importer of quality food service products into Canada.

### Categories

Grocery, Refrigerated, Sauces & Spreads

### Attributes

Gluten-free, Halal, Non-GMO, Vegan

### Details

Free from dairy



# NANAK

- Food Service
- Manufacturing
- Private Label
- HACCP
- SQF
- Current Exporter

## Punjab Milk Foods (PMF) - Nanak Foods | Booth F1313

Gee, rasmalai, paneer, pizzas, appetizers, sweets, desserts

[nanakfoods.com](http://nanakfoods.com)     **Surrey, British Columbia**

Nanak Foods is the flagship brand of Punjab Milk Foods Inc., the largest and most innovative Indian dairy in North America. Certified by CFIA, FDA & EU, our facilities in Canada are run by dedicated employees and driven by state-of-the-art manufacturing technologies. With extensive research and experience as the backbone, our products are known for their unmatched taste, fresh ingredients and premium quality. Today our brand Nanak foods is available in every Indian grocery store and adds a dash of authentic Indian flavors in many homes.

### Categories

Deli, Frozen, Refrigerated, Snack

### Attributes

Halal, Non-GMO, Organic/Natural, Vegan

### Details

Free from soy, Plant-Based, Diverse Suppliers, Unique processing or packaging

Les aliments  
**Rustica**  
Foods

- Food Service
- Retail
- Manufacturing
- Private Label
- SQF
- FSSC 22000
- Current Exporter

## Rustica Foods | Booth F1306

Ready-to-eat fresh tomato pizzas (fresh baked daily), premium pizza crusts, fresh & frozen topped crust pizzas (retail & bulk)

[rusticafoods.com](http://rusticafoods.com)     **Anjou, Quebec**

Rustica Foods specializes in branded and private label fresh Italian bakery tomato pizza, focaccia, pizza kits, par-baked crusts, mini croissants as well as fully topped frozen pizzas. Their products are produced in a 60,000 sq/ft state-of-the-art facility capable of manufacturing all-natural, shelf stable, artisanal, wood-fired/stonebaked style frozen and bakery/deli pizza products. Their products can be found in major retailers and foodservice distributors across Canada, the United States and the Caribbean.

### Categories

Bakery, Deli, Frozen, Grocery, Refrigerated, Specialty

### Attributes

### Details

Unique processing or packaging, Currently exporting to the U.S.





Summer Fresh

- Food Service
- Retail
- Manufacturing
- Private Label
- HACCP
- BRC
- Current Exporter

## Summer Fresh Salads | Booth F1317

Hummus, dips, salads, meals, snacks

[summerfresh.com](http://summerfresh.com)    **Vaughan, Ontario**

Provider of fresh prepared gourmet salads, hummus and dips created by in-house R&D chefs using simple ingredients. Offering consumers classic and on-trend flavors that have been created with both nutrition and taste in mind.

### Categories

Alternative Protein, Deli, Grocery, Refrigerated, Sauces & Spreads, Snack

### Attributes

Clean Label, Gluten-free, Kosher, Non-GMO, Organic/Natural, Vegan

### Details

Free from nuts, Free from additives, Free from conservation agents / preservatives, Plant-Based, Marine Stewardship Council certified, Traceable to the field, Diverse Suppliers, Sustainability Award, Product of Year nomination, RBC Canadian Woman Entrepreneur, W100 Top Women Entrepreneurs, and Canada's 50 Best Managed companies, Currently exporting to the U.S., Women-owned, MSC



- Food Service
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## The Sustainable Creamery | Booth F6814

Plant-based yogurts, cheese spreads, cream cheese spreads, probiotic beverages, ice cream mixes, puddings, desserts, probiotic snack bars

[sustainablecreamery.com](http://sustainablecreamery.com)    **Cambridge, Ontario**

The Sustainable Creamery has a proud family history of over 80 years of commercializing and manufacturing plant-based foods. The current 24,000 square foot state-of-the-art facility dedicated to manufacturing 100% plant-based products is strategically located in Cambridge, Ontario. The Sustainable Creamery facility location provides clients ease of distribution to all regions within the Golden Horseshoe including Toronto, Canada's largest city. In addition, the facility is only 132kms/82miles from the Niagara Falls US Border providing efficient distribution to cities throughout the American Northeast.

### Categories

Alternative Protein, Beverage, Grocery, Refrigerated, Sauces & Spreads, Snack, Specialty

### Attributes

Kosher, Vegan

### Details

Free from dairy, Free from additives, Free from artificial colors and flavors, Free from conservation agents / preservatives, Plant-Based, Unique processing or packaging, Family-owned, Currently exporting to the U.S., Minority-owned

